

Say Something Lesson Plan

For Pre-K to 2nd Grade

This lesson plan was developed for Congregation Kol Ami by Violet Neff-Helms.

Overview

In this lesson, each student will think about what they can do when they observe an incident of name-calling or bullying, but are not being called names or bullied themselves. Students will learn that adults can be bullied also.

Grade Level: Pre-Kindergarten – 2nd grade

Estimated Time: 30-45 minutes

Lesson Objectives:

- Students will understand what it means to be a bystander to bullying or name-calling.
- Students will think about how one might act as a bystander to bullying, and learn to differentiate between times when a student can “take a stand” and times when a student needs to ask an adult for help.
- Students will listen to a variety of name-calling scenarios via flashcards and demonstrations with other teachers, and then decide how they might act in order to interrupt the bullying behavior.

Materials Needed:

- *Say Something* by Peggy Moss¹
- Paper
- Crayons
- Tape
- Scenarios to role-play on index cards (for adults to perform)²
- Bully Illustrations (see below)

Procedure:

Read *Say Something* to the students.

Have students respond to these questions:

- What is a bully?
- Have you ever been bullied?
- Have you ever witnessed another being bullied?
- What did you do? Why?
- What does a bully look like? Explain and illustrate using the Bully Illustrations. Discuss their responses.

Bully Illustrations:

Make two examples of what students might predict a bully to look like, one mean-looking and one normal-looking. Display these on the board and invite student to identify the bully. Talk about the

¹ 2008, Tilbury House Publishers

² Example scenarios can be found at www.TeachTheShoah.org.

results. Many students will choose the meaner-looking student. Discuss as a class that a bully can look like anyone.

Assessment

Students should be able to recognize bullying situations, both physical and verbal. Students should be able to explain how to handle either one.

Extensions and Adaptations

Students create a chain of the names of their living Jewish relatives. As you have explained that adults too can be bullied, tell them, "A long time ago, in another country, adults were bullied because they were Jews. The bullies tried to make us all go away, but we did not." The paper chain is a hands-on project that serves as a tangible proof of our survival. Hang the chain in the classroom or in the hall for other classes to see.